



MINISTRY OF HEALTH
MALAYSIA

TRAVEL ADVISORY
on **Severe Acute
Respiratory
Syndrome**

SARS

Severe Acute Resp

Since February 2003, the World Health Organisation (WHO) has reported outbreaks of a severe form of pneumonia in Guangdong province in China, Hong Kong and Vietnam. More recently similar cases have also been reported in Singapore and Canada.

This illness is now termed as :

Severe Acute Respiratory Syndrome (SARS).

The illness presents initially with flu-like symptoms but can progress to :

- severe pneumonia
- difficulty in breathing
- death.

So far the cause of the illness is unknown.

Unless absolutely necessary, travel to the affected areas should be avoided for the time being. In view of the large number of travelers between Malaysia and the affected countries, certain precautions should be taken.

Thank You For Yo

Respiratory Syndrome

1. You should see a doctor if you have recently returned from any of the affected areas and have flu-like symptoms e.g.
 - fever,
 - muscle ache
 - headache
 - sore throat

However you should note that most flu-like illnesses are mild and you will recover with simple medication.

2. If you have recently returned from any of the affected areas and have high fever and difficulty in breathing, you should go immediately to a hospital for the necessary management.
3. You should inform your doctor of your recent travel history and be advised not to undertake further travel until you have fully recovered.

our Cooperation



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