

# DANGEROUS LIAISONS



The more you indulge in unprotected sex, the higher the risk of contracting HIV, the virus that causes AIDS.  
Protect yourself, know the ABCc for life.

**A**bstinence  
that means no sex

**B**e faithful  
have sex only with your  
partner

**C**ondoms  
use them properly



*Practise A Healthy Lifestyle To Avoid AIDS*

A public service message from Ministry of Health Malaysia and the HEAL Programme

