



MINISTRY OF HEALTH MALAYSIA

**HEALTH ALERT CARD
FOR VISITORS AND CREW FROM THE
ZIKA VIRUS AFFECTED COUNTRIES**

Keep this card for the next seven (7) days after arriving to Malaysia. Monitor your body temperature and look out for fever, skin rash (exanthema), muscle or joint pain, feeling weak, headache and conjunctivitis (red eye). If you are not feeling well and develop these symptoms, please **IMMEDIATELY** go to the nearest health facility for investigation and treatment.

Attention to the Attending Doctor

The person presenting with this **HEALTH ALERT CARD** had recently travelled or returned from a * Zika Affected Country (within the past 7 days). If the person presents with fever (body temperature more than 37.5°C), skin rash (exanthema), muscle or joint pain, malaise, headache and conjunctivitis (red eye), please treat him/her according to the Ministry of Health Malaysia guidelines on Surveillance and Management of Zika Virus Infection.

***List of countries affected by Zika virus :**

Barbados, Bolivia, Brazil, Colombia, Curacao, Costa Rica, Dominican Republic, Ecuador, El Salvador, French Guiana, Guadeloupe, Guatemala, Guyana, Haiti, Honduras, Jamaica, Martinique, Mexico, Nicaragua, Panama, Paraguay, Puerto Rico, Saint Martin, Suriname, United State Virgin Islands, Venezuela, Cape Verde, Maldives, Fiji, Tonga, Samoa, Solomon Islands and Vanuatu.

(Note : This list will be updated from time to time as per WHO report)

Date issued :

Name of Entry points :



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