

BEWARE OF THE H1N1 2ND WAVE!

Wear A Mask
If You Have ILI*

Practise A
Healthy Lifestyle

Practise Cough
Etiquette

Wash Hands
Frequently

Keep A Minimum
Distance Of 1 Meter
From People With
Symptoms Of ILI

TAKE
5
STEPS



This message is brought to you by:

Ministry of Health Malaysia

Hotlines: 03-8881 0200 / 0300 (Mon-Fri : 8am till 5:30pm)

* ILI - Influenza-like illness

<http://h1n1.moh.gov.my>