



Kementerian Kesihatan Malaysia



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myHEALTH

Portal MyHEALTH

www.myhealth.gov.my

Merupakan sumber maklumat kesihatan yang komprehensif, boleh dipercayai, tepat dan terkini merangkumi aspek pencegahan, rawatan dan pemulihan yang dibangunkan oleh pakar tempatan.

Objektif

Memperkasa rakyat supaya bertanggungjawab terhadap kesihatan mereka.

Melengkapkan rakyat dengan pengetahuan, kefahaman, kemahiran dan membolehkan mereka membuat keputusan demi kesihatan.

Menggalakkan penyertaan dan penglibatan rakyat dalam penjagaan kesihatan mereka.

Mendorong rakyat menilai risiko kesihatan diri sendiri.

Perkhidmatan

- Info Kesihatan
- Penilaian Risiko Kesihatan
- Tanya Pakar
- Direktori Kesihatan
- Media Sosial
- Aktiviti Kesihatan
- Amaran Kesihatan
- Permainan Kesihatan
- Berita/Artikel
- Kuiz Kesihatan
- Soalan Lazim
- Undian
- MyHEALTH Mobile
- Mobile Applications

'Dapatkan maklumat kesihatan yang TEPAT, TERKINI dan BERKUALITI'



MyHEALTH Portal

A source of comprehensive, credible, accurate and latest information on health covering prevention, treatment and rehabilitation developed by local health and medical experts.

Objectives

To empower Malaysians to take responsibility for their health.

To equip Malaysians with knowledge, understanding and skills to enable them to make informed health decision.

To encourage participation and involvement of Malaysians in managing their health.

To encourage Malaysians to undertake health risk assessment.

Services

- Health Information
- Health Risk Assessment (HRA)
- Ask The Expert
- Health Services Directory
- Social Media
- Health Activities
- Health Alerts
- Health Games
- News/Articles
- Health Quiz
- Frequently Asked Questions (FAQ)
- Online Poll
- MyHEALTH Mobile
- Mobile Applications

'Get the LATEST, ACCURATE and QUALITY health information'

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