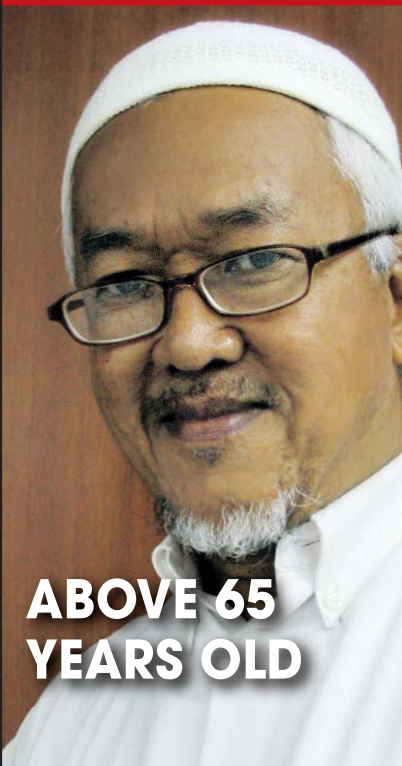


BEWARE OF THE H1N1 2ND WAVE!

Your loved one can be a victim



ABOVE 65 YEARS OLD



PREGNANT WOMEN



OBESITY



BELOW 5 YEARS OLD

ORGAN FAILURE

RESIDENTS OF NURSING HOMES / CHRONIC CARE FACILITIES

CHILDREN & ADOLESCENTS ON LONG TERM ASPIRIN THERAPY

ASTHMA

NEUROLOGIC AND NEUROMUSCULAR PROBLEMS

BLOOD SYSTEM DISEASE

PEOPLE WITH IMMUNOSUPPRESSION

CARDIOVASCULAR DISEASE

DIABETES

LIVER PROBLEMS

Those who are at high risk of getting complications must:

- See a doctor immediately if they have symptoms of *influenza-like illness (ILI)*
- Keep a distance of a minimum of 1 meter from people who show symptoms of *ILI*
- Wear a mask if they have to go to public places



<http://h1n1.moh.gov.my>
www.myhealth.gov.my



A message from: **Ministry of Health Malaysia** Hotlines: 03-8881 0200 / 0300 (Mon-Fri : 8am till 5:30pm)