

It's Still With Us BE VIGILANT

Practise cough etiquette

Wash hands frequently

Wear a mask if you have *ILI**

Keep a minimum distance of 1 meter from people who have symptoms of *ILI*

Practise a healthy lifestyle

BEWARE OF THE H1N1 2ND WAVE!



This message is brought to you by:
Ministry of Health Malaysia Hotlines: 03-8881 0200 / 0300 (Mon-Fri : 8am till 5:30pm)

* *ILI* - Influenza-like illness



<http://h1n1.moh.gov.my>