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Ministry of Health Malaysia

Hotlines: 03-8881 0200 / 0300

(Mon-Fri : 8am till 5:30pm)

<http://h1n1.moh.gov.my>



**ABOVE 65
YEARS OLD**



**PREGNANT
WOMEN**



OBESITY



**BELOW 5
YEARS OLD**

PEOPLE WITH IMMUNOSUPPRESSION
NEUROLOGIC AND NEUROMUSCULAR PROBLEMS

LIVER PROBLEMS

CAUTION!

BLOOD SYSTEM DISEASE
RESIDENTS OF NURSING HOMES/
CHRONIC CARE FACILITIES
ASTHMA
CARDIOVASCULAR DISEASE
DIABETES
ORGAN FAILURE
CHRONIC LUNG DISEASE
CHILDREN & ADOLESCENTS ON LONG TERM
ASPIRIN THERAPY

High risk group of getting complications must:

- ✓ See a doctor immediately if you have symptoms of *influenza-like illness (ILI)*
- ✓ Keep a distance of a minimum of 1 meter from people who show symptoms of *ILI*
- ✓ Wear a mask if you have to go to public places

