

**GO FOR
HIV
TEST**

**Care for yourself,
care for others**



Memastikan Kesihatan

KEMENTERIAN KESIHATAN MALAYSIA



IF YOUR LIFESTYLE PUTS YOU AT RISK...

AIDS is an incurable disease. It is caused by the HIV virus which breaks down the body's immune system and makes it vulnerable to a whole range of infections and rare cancers.

The HIV virus enters our bloodstream mainly through sexual contact or through injecting with contaminated needles. Many innocent people are put at risk.

HIV IS SEXUALLY TRANSMITTED

If you've been unwise in your sexual activities or if you have unprotected sex, you have put yourself in danger of contracting the HIV virus.

Are **you** in the clear? ***There's only one way to be sure.*** Get tested.



INJECTING DRUGS CARRIES THE HIGHEST RISK

Injecting drug users and especially those **sharing** needles are at the highest risk of HIV infection. Get tested

before you become a danger to others. ***The HIV test could be the first step in saving your life and the life of your loved ones.***



THE HIV VIRUS CAN BE PASSED FROM MOTHER TO CHILD

Innocence is no protection against contracting HIV. If you're planning to start a

family you should make sure that your baby will not be infected. Only the HIV test can put your mind completely at rest. ***Think of your innocent child.*** Get tested!



THERE'S NOTHING TO FEAR FROM THE HIV TEST

If you think you may be at risk,
getting tested for HIV is the only
responsible thing to do and it
involves no sacrifices.

- it's ***simple and painless***
- it's ***completely confidential***
- it's ***free*** at government
hospitals and health clinics



**BE
A GOOD
CITIZEN**

If your
lifestyle
has put you
at risk of
HIV infection,
get tested!

FURTHER INFORMATION:

If you would like to know more about the HIV test, please contact the nearest hospital or health clinic.



Manisan Kesehatan