



**Towards
A Happy Family**

Towards A Happy Family

A happy family is a family that

- shares love and affection
- provides attention
- spends time together
- provides healthy food
- provides protection and basic needs

for every family member.



Each child is a gift from God to be loved, protected and nurtured by both parents.

Family Planing Is A Shared Responsibility

Family planning enables you to space your pregnancy and have a child at a suitable time.

NOT TOO SOON



NOT TOO LATE

NOT TOO CLOSE





Condom



Diaphragm

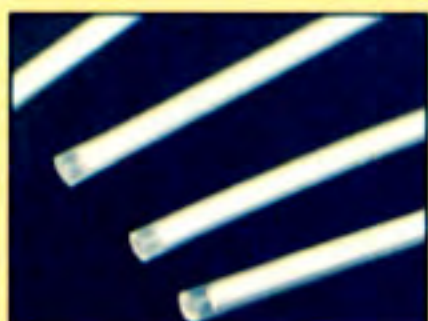


Contraceptive Pill



Intra-Uterine Contraceptive Device (IUD)

**Have You
Made Your
Choice?**



Implants



Bilateral Tubal Ligation



Vasectomy



Spermicide



Rhythm Method



Injection

**FOR FURTHER INFORMATION, PLEASE CONTACT
YOUR NEAREST HEALTH CLINIC/HOSPITAL**